



LESSON 5

By this time, you have memorized four prayers, one of which you can use to begin each class. The children, themselves, will know at least one prayer by heart, and a few of them should recite it after your beginning prayer. Every child should have an opportunity to recite a prayer at least once every three or four classes. Also, in each class you will continue with memorization of the prayer that you introduced in Lesson 4. This activity will be followed until Lesson 9, when it is expected that all the children will know the second prayer by heart.

The other activities of today's class are the following:

- A. Songs (include some of the songs learned in previous lessons):

Look at Me

C
Look at me,
F C
follow me, be as I am
F G C
'Abdu'l-Bahá, 'Abdu'l-Bahá

Teach, teach, teach
Follow me, be as I am
'Abdu'l-Bahá, 'Abdu'l-Bahá

Serve your Lord
Follow me, be as I am
'Abdu'l-Bahá, 'Abdu'l-Bahá

Love mankind
Follow me, be as I am
'Abdu'l-Bahá, 'Abdu'l-Bahá

B. Memorizing quotations:

God loves us and always wants us to be near to Him. The best way to attain nearness to God is to become His servant. We are God's servants when we serve humanity. There are many ways to serve, for example, visiting the sick, helping those in need, and teaching what one knows to others. We should serve everyone, without thinking whether they are rich or poor, friends or strangers. To help us become servants of humanity, let us memorize this quotation of Bahá'u'lláh:

“That one indeed is a man who, today, dedicateth himself to the service of the entire human race.”¹³

Dedicate

1. Dervi always pays close attention during art class and spends many hours preparing herself for each class. Dervi dedicates herself to art.
2. Hung Wei's father has a vegetable garden. Everyday Hung Wei helps his father weed and water the vegetable garden. Hung Wei dedicates himself to helping his father.

Service

1. Mumbi, Apiyo and Tocho cleaned their grandparents' house. They were happy to have done this service.
2. Sachiko walks four kilometers to give a children's class. She walks that far each week because she loves to serve the community.

Human Race

1. At school we saw pictures of white, red, black, brown and yellow-skinned people from many different countries. All of these people belong to the human race.
2. The lady asked Kenji if he liked people from other places as much as he liked people from his own village. He answered that he loved everyone because all are a part of the same human race.

C. Story:

Lua Getsinger, one of the early Bahá'ís of America, tells of an experience she had in 'Akká. She had made the pilgrimage to the prison-city to see 'Abdu'l-Bahá. One day He said to her that He was too busy today to call upon a friend of His who was very poor and sick. He wished Lua to go in His place. He told her to take food to the sick man and care for him as He had been doing.

Lua learned the address and immediately went to do as 'Abdu'l-Bahá had asked. She felt proud that 'Abdu'l-Bahá had trusted her with some of His own work. But soon she returned to 'Abdu'l-Bahá in a state of excitement. "Master," she exclaimed, "You sent me to a very terrible place! I almost fainted from the awful smell, the dirty rooms, the degrading condition of that man and his house. I left quickly before I could catch some terrible disease."

Sadly and sternly 'Abdu'l-Bahá gazed at her. If she wanted to serve God, He told her, she would have to serve her fellow man, because in every person she should see the image and likeness of God. Then He told her to go back to the man's house. If the house was dirty, she should clean it. If the man was dirty, she should bathe him. If he was hungry, she should feed him. He asked her not to come back until all of this was done. 'Abdu'l-Bahá had done all of this many times for this man, and He told Lua Getsinger that she should be able to do it once. This is how 'Abdu'l-Bahá taught Lua to serve her fellow man.

D. Game: "Help the Sick"

One child pretends to be sick. Two other children clasp each other's hands (right with right and left with left) in order to form a chair. The sick child is helped to sit down in the chair and the others take him to the Health Center. (The teacher chooses a tree or another place that can be the Health Center.)

Variation:

The sick person lies down on a stretcher formed by a few children holding each other's arms. The children form two lines facing each other. They stretch out their arms bent at the elbow and interlock them with those of the children across from them.

E. Coloring: Drawing 5